BAR HILL NEWS

September 2026 Issue 684

8 o'clock Club

The 8 o'clock club is a Women's group and we meet in the school on the 1st Thursday of the month at 7.30pm. Each month we have a speaker or a demonstrator and we also have a Christmas meal, garden Party and celebrate the club's Birthday. We are the longest running club in the village and this year we celebrated our 53rd Birthday. This month our meeting is on Thursday 3rd September which will be an enrolment evening with refreshments.

We charge £15 to join, to cover the speakers' fees and £2 each meeting to cover refreshments and raffle.

We welcome new members to the club. If you would like to join please come along to one of our meetings or phone Barbara **204171** (**07847 327709**), Adela **204265** or Ann **204687.**

Would you like to advertise in the Bar Hill News? We offer 1/4-page to full-page adverts either as one-offs or monthly (with a discount).

We can even help with putting an advert together! Please either visit our website bhn.barhill-ca.org/advertising or email bhn-editor@barhill-ca.org.

Bar Hill Sports & Social Club is looking for two cleaners to work together (2 hours each, per day) Wednesday-Monday. Hourly rate negotiable dependent on experience. Please register your interest via email to **bhssc.secretary@outlook.com**

Help Make Bar Hill's 60th Anniversary Celebration Unforgettable

Planning is already underway for the 2027 Bar Hill Fete & Festival, and next year will be a very special one as our village celebrates its 60th anniversary.

We would love to mark this milestone with our biggest and best celebration yet, but we need more people to help make it happen.

Whether you can spare a few hours each month helping to organise the event, or would simply like to lend a hand in the run-up to the festival, we'd love to hear from you. In particular, we are looking for volunteers with experience in fundraising or publicity and marketing, as these skills will play a key role in helping us create a memorable celebration for the whole community.

You don't need to be an expert in event management - just enthusiastic, reliable, and keen to help make Bar Hill's 60th anniversary something everyone will remember.

We will be getting together to start planning in the Bar Hill Sports and Social club on Sunday the 6th September around 3:30 pm. Can't make it? Please email to volunteering@barhill-ca.org if you'd like to help!

We look forward to welcoming some new faces to the team!

Help! We're Missing Something

Maybe it's an article by a group you support? A bit of local news? Or even details of an event? Let us know! Deadline for our next issue is **Thursday 10th September**.

Arthur Rank Hospice Charity

Charity Walk Around Cambridge Colleges

Join Arthur Rank Hospice Charity and Romsey Mill on Sunday 13th September for the 'Bridge the Gap' Walk around Cambridge colleges. With a brand new route for 2026, starting from Parker's Piece in Cambridge you can visit colleges - Jesus, St John's, Trinity, Gonville and Caius, Queens' and Downing. The Society of Cambridge Tourist Guides will also be en route ready to answer your questions and entertain you with fascinating facts and stories along the way. **Book now at arhc.org.uk/btg or telephone 01223 676888.** Up to three under-16's are free with every paying adult.

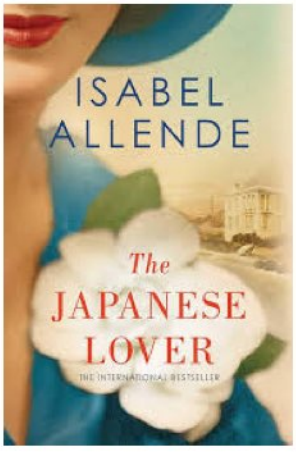
Bar Hill Indoor Bowls Club

The Short mat indoor bowls club resumes after the Summer break on Friday 4th September at 7.30 pm until 9.30 pm. We are a very friendly group and we would love to have some new members. It doesn't matter if you have never played before just come along and join us one Friday, the cost is £3 each week to include tea and biscuits and the 1st week is free.

If you would like more information please contact me on **01954 204171 / 07847 327709** or **barbara.page@live.co.uk**

Bar Hill Ladies Book Club

We are starting on Tuesday 15th September in the Social Club at 7.30 pm with *The Japanese Lover by Isabel Allende*.



We are a small, friendly group of ladies who enjoy reading and would welcome new members.

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If you'd like to contact the BHCA then you can;

- Write to us at **Parish Council Offices, Hanover Close, Bar Hill. CB23 8EH**, or
- Email **chair-of-trustees@barhill-ca.org** (Chair of Trustees)

We meet monthly on the second Tuesday at 7:30 pm in the Fox.

If you'd like an agenda, or would like to come along and get involved in our work, please get in touch!

Opinions expressed in this publication are not necessarily those of the Bar Hill Community Association (or its Trustees).

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion.

Letters (to the editor) are encouraged!

Out and About / Holywell

By Stella Joyner

The name "Holywell" comes from a holy well/spring that was a site of pilgrimage in medieval times. The area had a priory associated with it - Holywell Priory - an Augustinian nunnery founded around 1150. The holy well is said to have healing properties, which is why pilgrims visited. The annual well-dressing festival takes place at the Church in June.

The Ferry Boat Inn. This Inn dates back to at least the 17th century. Its name comes from the ferry that used to cross the Great Ouse here before bridges were common. This was a stopping point for barges.

The Inn is believed to house a ghost named Juliet Tewsley. She is rumoured to rise every year on the anniversary of her death. Tewsley was a local girl who fell in love with Tom Zaul in the 11th century.

Tom was not in love with Juliet in return, so she hanged herself on 17 March 1050.

Holywell is definitely worth a visit to admire the pretty cottages with their fabulous gardens.

Bar Hill Memorial Garden

Summer is nearly over, and the days sadly are beginning to pull in. The plants and flowers have really shown themselves. However, due to the drought conditions this year, like many gardeners, it has taken its effect. Thank you to all who help not only in maintaining the garden, but also have kept the garden watered. Following recent instructions from Cambridge Water Company, we will have to reduce the watering considerably; unfortunately, this may affect some plants.

If there are any gardeners keen to help in this project, please contact Chris below.

My grateful thanks to all who continue to donate towards the upkeep of the Memorial Garden, cheques/cash may be left at 7 Acorn Avenue, made payable to Bar Hill Memorial Garden or alternatively paid directly into the Bar Hill Memorial Account at the Cambridge Building Society Account Number **1768402740** Sort Code **20-17-55** If you wish to talk to someone re a donation then please phone Chris on the numbers below.

Thank you once again to all those who have given financial support for this work, in particular for the donation recently paid into The Memorial Account at the *Cambridge Building Society*.

Should you wish to place a Memorial Plaque, then contact Chris Stannard on **01954 781978** or **07711 623425**. Email **c.e.stannard1 @gmail.com**

THE ROYAL BRITISH LEGION

We meet in the Octagon on the 4th Thursday of the Month, at 7.30 pm.

Everyone is welcome. You do not have to have served in our armed forces - just be willing to help us support them.

Our next meetings are on *17th September (an extra meeting to discuss this year's Poppy Appeal), 22nd September, and 22nd October.*

If you are interested in joining or would like further information or help, please contact either Wendy Arrowsmith on 01954 781381 or Malcolm Cox on 01954 488657.

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Bar Hill In Bloom

The ASGC Committee (part of the BHCA) is considering setting up a village volunteering group to help improve the appearance of our local area.

The aim is to transform untidy or neglected spaces into attractive flowerbeds that everyone in the village can enjoy. We are going to call it *Bar Hill in Bloom* if we can get enough residents interested!

Who Can Get Involved?

The group would be open to people of all ages and experience levels. Whether you already enjoy gardening or would like to learn, this could be a great opportunity to get involved, meet others, and contribute to the community.

Why Join?

- Help brighten and improve shared village spaces.
- Learn or share gardening skills in a friendly setting.
- Meet new people and strengthen community connections.
- Make good use of spare time, whether you are retired, between jobs, or simply keen to take part.

Contact: **bar-hill-in-bloom@barhill-ca.org**

CAMBRIDGESHIRE COMMUNITY LOTTERY

I am really pleased to announce that as at 1st August, Bar Hill Community Association has now raised **over £850** thanks to the generosity of all of you who are already playing the Cambridgeshire Community Lottery. *(This also means that other charities in the Cambridgeshire area are benefitting from the generosity of Bar Hill Supporters).*

So if you haven't joined in with this yet, now is the time to help fund even more village improvements. And remember that out of every £1.00 ticket you buy (*which has the chance to win a massive £25,000*), 50p goes directly to your chosen good cause (*which of course we hope would be BHCA*). Each ticket you buy has a massive 1 in 50 chance of winning! To take part, just visit the Cambridgeshire community Lottery website **https://www.cambridgeshirecommunitylottery.co.uk** and select Bar Hill Community Association (or the charity of your personal choice), as your chosen "good cause" when you purchase your ticket(s).

If you want more information then please feel free to contact any of the BHCA Trustees or Volunteers and they can advise.

But if the Lottery isn't for you, maybe you could spare a few hours each month by joining the BHCA (either as a Trustee, or just a volunteer), to help us to do even more for you, our village and the surrounding area. Quite a lot we do can be done simply from the comfort of your home, so do get in touch if you care about the future of BAR HILL!

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Bar Hill Day Nursery is based in Gladeside, Bar Hill. We are open 7.30am – 6pm, Monday to Friday, 50 weeks per year. We have spaces year-round or term-time for children aged 4 months to 4 years. Please contact the Nursery for more information or to arrange a visit. **Phone: 01954 488081 Email: info@buttercupschildcareltd.co.uk**

Bar Hill Out of School Club is based in the building next to Bar Hill Primary School. We offer Before and After School care and Holiday Club for Primary aged children. We are open 7.30am – 8.45am, 3pm – 6pm Monday to Friday and 8am – 6pm during school holidays. For more information or to make a booking please contact the Out of School Club: **Phone 01954 200814 Email: oosc@buttercupschildcareltd.co.uk**

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Swavesey Camera Club

The club will start the new season on Thursday 3rd September 2026, 7 pm- 9 pm, with a WELCOME NIGHT! This is FREE to attend. Find out more about the club, including the new season's programme, meet club members, and see some images from over the summer break. There will be wine, soft drinks, and nibbles! We are keen to encourage new members and pride ourselves on being a very friendly, welcoming club.

There will be guest speakers at some of our meetings covering a variety of subjects, e.g., wildlife, creative photography, landscapes, travel photography and more. We also have internal and external competitions and club outings. There will also be members' nights covering various topics such as camera gear, software, practical sessions and more - so something for everyone!

The full annual subscription (unchanged) this season (until May) is: Adult £68, Concession £55 (Pension age), or Youth membership £20. Guest visitor - £4 per meeting. Come along and try us out! The Club meets in the 'Carol Shaw' room at Swavesey Village College every Thursday during College term time, 7 pm - 9 pm. For further info and to see some of our members' photos, check out our website swaveseycameraclub.co.uk

The new season's programme is available on the website to view. If you would like more information about the club or you are thinking about joining, please get in touch by using the club email **info@swaveseycameraclub.co.uk**

Maggie O'Moore | Swavesey Camera Club

Bar Hill Village Hall

The large Main Hall has multi-purpose vinyl flooring, making it flexible for all types of events. There is a kitchen alongside the Hall with a serving hatch, making it useful for self-catering at parties, discos and the like. The licensed bar can be booked on request and will be serviced by the Sports and Social Club. The Hall opens out onto a large patio area that is ideal for external activities or a spill-over for internal events and has two bolted gates that lead off the premises.

There is also a Meeting Room, with its own independent access and great for meetings of up to 10 people.

The Village Hall is managed as a registered charity (number 1002579). To book, please visit our web site **barhillvillagehall.com** and email **enquiries@barhillvillagehall.com** to confirm.

Alternatively, call **01954 604887** ** **NEW NUMBER FROM AUGUST 2026** ** and leave a message. We aim to return calls within 24hours (Monday to Friday).

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County Councillor's Report

by Cllr Edna Murphy

Local Government Reorganisation

On the last day of Parliament before its summer holiday, the [then] Secretary of State for local government announced that he would be delaying a decision on new councils for Cambridgeshire and Peterborough. He said a decision would be made "by October" - however, following the installation of a new Prime Minister, he is no longer the Secretary of State and it remains unclear what the priorities of the new administration will be.

The Government has said no further information is required from the existing councils in Cambridgeshire and Peterborough before it makes its decision.

Before the delay was announced, the rumours were that the Government would announce Option D as its preference, which splits Huntingdonshire down the middle and creates three unitary authorities, widely considered to be unsustainable. Peterborough MP Andrew Pakes, who along with North West Cambridgeshire MP Sam Carling drew up and promoted Option D, however said in Parliament in response to the Secretary of State's announcement that none of the four options was "good enough for Peterborough".

The Government has said that it expects local elections to the new councils in Cambridgeshire and Peterborough to go ahead in May 2027, regardless of the delayed announcement. The Association of Electoral Administrators says that six months is the minimum time needed to prepare for an election, so this timetable puts huge pressure on the councils running the elections next May. It also gives very little time to complete preparations for apportionment of assets and liabilities between the councils, and to set up new services - two or (probably) three services for highways, social services, education, and more.

The creation of these new unitaries will not make savings, and will take a huge amount of time and energy which could otherwise be spent on more useful activities. However, we will work hard to deliver the best results for local residents that it is possible to do.

Ofsted Reveals Significant Improvement In County Council's Children's Services

In better news, Ofsted carried out a focused visit to Cambridgeshire in June, and has recognised significant improvements in the County Council's provision of appropriate placements for Cambridgeshire children in care since their last visit in 2024.

The summary also identifies four areas for improvement:

- The sufficiency of accommodation to meet the needs of children in care in Cambridgeshire;
- The quality and consistency of children's case records to reflect decision-making and children's journeys through care;
- The quality and effectiveness of supervision in progressing children's plans; and
- The quality and effectiveness of quality assurance activities to implement learning and develop social work practice.

A comprehensive action plan is developed after each inspection of Cambridgeshire's children's services, and the council will continue to work hard to develop a wide range of care options for children who cannot remain at home. Ensuring that children in care live in the best available homes - full of love, care and support - remains an absolute priority.

The full report is available on the Ofsted website here;

https://files.ofsted.gov.uk/v1/file/50307019

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There's an adventure waiting with Girlguiding in Bar Hill!

Did you know that Bar Hill has a thriving Girlguiding community, with opportunities for girls from the age of four right through to fourteen?

We are very lucky to have four Girlguiding units in the village – a Rainbow unit, two Brownie units and a Guide unit.

Rainbows are for girls aged 4–7. This is where the Girlguiding adventure begins, with games, crafts, activities, badges and plenty of fun.

Girlguiding
Bar Hill District

Brownies are for girls aged 7–10, and Bar Hill has two Brownie units. Brownies are encouraged to try new things, learn practical skills, earn badges and take part in adventures ranging from activities in their weekly meetings to days out, trips and residential experiences.

Guides are for girls aged 10–14. As girls get older, Guiding gives them more opportunities to make their own choices, develop independence and leadership skills, take on challenges and enjoy adventures with their friends.

Growing through Girlguiding

The journey girls make through Guiding was celebrated beautifully this summer at the RHS Sandringham Flower Show, where the Girlguiding Journey garden told the story of a girl growing from a Rainbow through Brownies, Guides and Rangers.

The garden used nature, sustainability and hands-on learning to represent the experiences girls have in Guiding.

It featured ideas inspired by real Girlguiding badges, including Bee Rescuer, Grow Your Own, Biodiversity and Gardening, with a Girlguiding Promise bench at its heart.

And the story doesn't end at Sandringham. Following the show, the garden is being relocated to Girlguiding Anglia's Hautbois Activity Centre, where it will become a permanent outdoor learning space for thousands of girls to enjoy in the years ahead.

A brand-new look for Girlguiding

You may also start noticing a new look when you see Girlguiding members out and about!

Girlguiding launched its new uniform in July, with a fresh, practical and much more flexible approach. Girls can choose clothing that they feel comfortable in and make the uniform their own. A uniform top is all that is needed – it can be teamed with a girl's own jeans, leggings or other suitable clothes.

There are lots of optional items too, including hoodies, shorts, trousers and accessories.

The new look might have changed, but the best things about Guiding haven't: friendship, fun, adventure, confidence and the opportunity to be yourself.

Guiding gives girls a safe space away from school where they can meet new friends, discover interests they might never otherwise have tried and learn skills that stay with them for life. One week might involve cooking, crafts or games; another could bring outdoor adventures, learning first aid, working towards badges, helping the community or planning a trip.

Most importantly, girls get the chance to have fun and be part of something.

Would your daughter like to join us?

Whether she is 4 and ready for her first Rainbow adventure, 7 and looking for Brownie fun, or 10 and ready for the independence and opportunities of Guides, we'd love to hear from you! For information, including enquiries about places and joining, please contact:

barhillguiding@icloud.com

Why not come and discover just how much fun Guiding can be?

Bar Hill Catholic Mass

Mass will be held in Bar Hill Church at 6pm on Saturdays. Our services are open to all and everyone is very welcome to attend. If you have any queries please call Bunty Waters **07734 690580**. Our local parish priest is Father Adrian Gates, from OLEM; he is also the Hospital Chaplain - **07842 190882**.

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BAR HILL LIBRARY - September 2026

Summer Reading Challenge: Read to the Beat

Well done to everyone who has taken part in this year's Summer Reading Challenge. This year, we had more young people signing up at Bar Hill Library than ever before. We have thoroughly enjoyed listening to so many people telling us about the books they have been reading during the summer.

For those who have completed the Challenge, by reading 6 books through the holiday, we look forward to seeing you at our award ceremony on *Wednesday 16th September*. This will take place in the library, starting at 3.30pm, and finishers will each receive a certificate and medal.

Health Monitoring

We have now had a number of people borrowing blood pressure monitors from the library. These can be borrowed for up to three weeks at a time – all you need is a library card.

There is also a *Maxi health kiosk* in the library, which is for a limited time only. Anyone is welcome to use it. It is an interactive, self-service digital station which allows users to measure their blood pressure, weight and BMI. Please ask at the desk for more information.

Save The Date

26th Oct: We will be celebrating the 100th birthday of Winnie-the-Pooh with a Teddy Bears' Picnic. This will take place at 11am in the library and will involve a special storytime and craft activity.

14th Nov: This will be a craft event for adults, where we will make 3D paper Christmas tree centrepieces. This event will require booking and further details will be supplied nearer the time.

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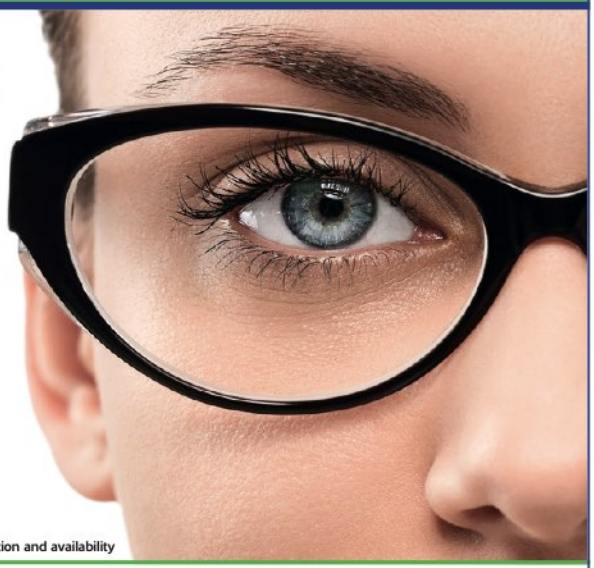

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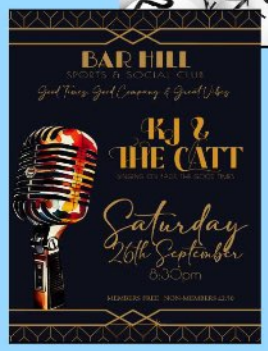

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Olive Tree Bereavement Group - September 2026

Have you lost your special person?

Are you struggling with your grief?

"What do we do when our hearts hurt?" asked the boy
"We wrap them with friendship, Shared tears and time, till they make hopeful and happy again."

Olive Tree Bereavement Group meets every second Saturday at 10.30 am in the Octagon opposite the surgery. We are a welcoming and supportive group who have all experienced the loss of a loved one.

Whether your bereavement is recent or it has been some time ago, we are here to help. It's a time to listen and to talk in confidence with others who understand.

'Since my husband died, I have really appreciated being part of this group. Everyone is so supportive. I've cried and laughed and have felt I am not alone as I come to terms with my new life' (member of the group).

Everyone is welcome. If you would like to know more, please contact our experienced CRUSE leaders, Sue Kenchington on **780260** or Chris Stannard on **781978** or come along to one of our sessions.

The dates for the next two sessions are 12th September and 10th October.

FREE HEALTH CHECKS AT BAR HILL LIBRARY

Bar Hill Library is hosting a free SISU Health kiosk until the end of September. The Kiosk provides a four-minute health check that measures blood pressure, weight, BMI, and body composition. Further information can be found on their website **sisuhealth.co.uk**

Air Ambulance Patient Takes on Charity Trek To Give Back

A man whose life was saved by the East Anglian Air Ambulance is inviting people across Cambridgeshire to join him in a special fundraising challenge this September.

Pedro Santos, 45, was left paralysed after a serious motorcycle collision in Suffolk in 2022. Following the accident, the East Anglian Air Ambulance's critical care team treated him at the scene before flying him to Addenbrooke's Hospital, where he began the long road to recovery.

Now a wheelchair user, Pedro refuses to let his injuries define him. On **Sunday 6 September**, he will complete the accessible **2.4-mile Trek 24 Cambridgeshire** route alongside friends to raise money for the charity that helped save his life.

"I knew I was in good hands," Pedro said. "East Anglian Air Ambulance were there for me when I needed them most. I want to give something back and encourage others to do the same."

The Trek 24 event offers three distances - **24 miles, 24 kilometres and an accessible 2.4-mile route** - making it suitable for families, walkers and people of all abilities.

This year's event is particularly important as the charity is raising **£8.2 million** to build a new air base near Fulbourn before Cambridge Airport closes in 2030. Without it, emergency response times across Cambridgeshire and neighbouring counties could be significantly affected.

Places start from just £6, and everyone is welcome to take part while supporting a truly lifesaving local service.

More information is on the EAAA website: www.eaaa.org.uk.

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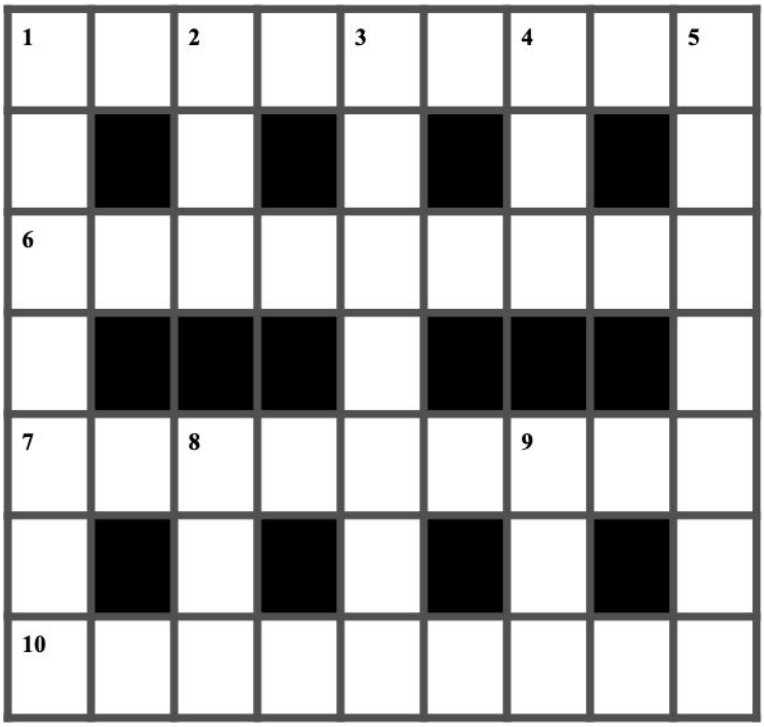

PUZZLE for September 2026

Across: 1.English cheese, red ?. 6.old school punishment -5'1 3. 7.did swiftly. 10.greenish English cheese, 4&5.

Down: 1.climbing equipment. 2.pub. 3.corrected. 4.twitch. 5.swiftly. 8.it fixes washing or tents etc. 9.hill.

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CEILIDH
3 October 2026

COME TO OUR CEILIDH!

As part of our fundraising towards the cost of resurfacing the courts, we're holding a ceilidh:

7.30- 10.15pm, 3 October 2026
Bar Hill Church Hall
Ceilidh band
Adults only (16yrs +)

Tickets are £10 and available from Richard Lewney (contact details below).

FREE TASTER SESSIONS

Just turn up at the courts for ...

...TENNIS...

Never played **tennis**? Come to a free taster session from **6.00 - 7.00pm** on **3 September** and **1 October**. (All welcome, but children must be accompanied by a responsible adult).

...and PICKLEBALL

Come to our Club night on **any Monday from 5pm**.

HALF YEAR NOW AVAILABLE

Half-year club membership runs from September to March and is now available from the website. Membership covers both tennis and pickleball.

Paul Chubbuck
chair@barhilltennisclub.co.uk
Richard Lewney (07804 922349)
secretary@barhilltennisclub.co.uk
Liz Neal
treasurer@barhilltennisclub.co.uk

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BOBS September 2026

Welcome to the males in Bar Hill. What is BOBS? We stand for Bar Hill Old Boys. BOBS is a replacement for Crafts Shed. *What do we do?* We meet on Thursdays in the Octagon Meeting Room between 0945 and 1130. We may just chat, play chess, or some play Table Tennis. Occasionally, some may go for tea/ coffee or lunch afterwards. It is a great group to be a member of. Don't be on your own when you may be able to make new friends.

Currently, a programme of speakers is being arranged for the Autumn Term. The next trip out will be seeing Othello at Anglesey Abbey.

Should you require further information, please contact either Nick Gunton on **07484 255514** or Chris Stannard on **07711 623425.**

HELPING HEDGEHOGS

September is a critical month for hedgehogs. They are eating as much as they possibly can to build up fat reserves for hibernation, and this year - with drought conditions drying out the countryside - your help matters more than ever.

WHAT YOU CAN DO

• Leave out food every night - plain meat-based cat or dog food (no fish flavour), or specialist hedgehog biscuits. Please do NOT feed bread or milk - it makes them very ill.

• Fresh water is vital - natural dew and puddles are drying up. Place shallow bowls of water on the ground in quiet spots, and top them up daily. In this weather, hedgehogs can struggle to find drinking water anywhere.

• Make a hole for them - a 13cm × 13cm gap in your fence lets hedgehogs travel between gardens. They can roam up to two miles a night looking for food; don't leave them trapped!

• Keep it messy - leave leaf piles, log piles and patches of long grass undisturbed. These provide shelter, nesting material, and the insects hedgehogs eat.

• Watch out for the small ones - late-born hoglets from second litters may be too light to survive winter. Any hedgehog seen out in daylight, usually needs immediate help. The exception is if a female has been disturbed and she's re nesting. You will know because she will usually have grass and leaves in her mouth.

Do not pick healthy hedgehogs up - but if you are concerned, please contact Shepreth Hedgehog Hospital - **07947 361187** / Liz Dams - **07912 888 988**

UNUSUAL HEDGEHOG FACT

Hedgehogs have a curious habit called "self-anointing". When they encounter a new or strong smell or taste, they produce frothy saliva and spread it all over their spines with their tongue! No one knows for certain exactly why they do it - it may help protect them from predators, or keep parasites away. It is completely normal behaviour - so don't worry if you see it !

WILDLIFE GARDENING IN SEPTEMBER

With soils parched and natural water sources scarce, here's how to help wildlife through dry months:

• Water first thing in the morning - less water evaporates, so more reaches the roots. Use a water butt if you can.

• Add a layer of mulch - bark, leaves or compost over soil locks moisture in and keeps roots cool.

• Plant drought-tough wildlife flowers - lavender, sedum, verbena, marjoram and knapweed all thrive in dry conditions and provide nectar for bees and butterflies right into autumn.

• Leave seed-heads standing - don't cut everything back! Dried stems feed insects and birds through winter.

• Keep water available - a shallow dish with stones for perching helps bees, butterflies and birds drink safely. Place it in shade to stop it heating up or evaporating too fast.

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Bar Hill HAPPY HOURS Club

The Bar Hill Happy Hours Club meets in the main bar area of the Bar Hill Sports and Social Club between 2 and 4 pm on Friday afternoons for tea/coffee and cakes, getting together with friends, and fun and games. All of this for only £2 per person.

The bar is open if you want something extra.

Upcoming Events:

4th September bingo and quiz

11th September games and quiz

18th September Macmillan Afternoon tea; see separate piece for details

25 September Bingo and quiz

2nd October Bingo and quiz

9th October Greek theme

For further information, please contact Anne Plumb | **07790 306922** | **anne@rwp10.plus.com**

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Why Families Choose Us

Each childminding setting offers its own special feel, giving families flexibility while maintaining a consistent standard of care. Children enjoy a wide range of fun, enriching experiences, from trips to the library, PlayPals and Jungle Boogie to walks, local groups, soft play, and outings further afield, including National Trust visits.

We also place great value on helping children build confidence, friendships, and social skills. Through regular local groups and our own Wednesday morning childminding group, children have the chance to play together, explore new experiences, and grow alongside others of different ages.

Funding and Enquiries

We accept all government funding available to eligible parents, as well as Tax-Free Childcare payments. As our days are often busy caring for children, the best way to get in touch is by text with your requirements, and we will get back to you as soon as we can with current availability and hourly rates.

Current Childminder Availability

Jacky – **07718447998** – Caring for children aged 6 months and up. Term-time-only and all-year-round care available. Current availability: wraparound spaces for school-aged children available now, and one under-5 place Monday to Thursday from September 2027.

Kirsten – **07906218070** – Caring for children aged 6 months and up. Term-time-only and all-year-round care available. Current availability: spaces available from September 2027.

Eszter Horwood – **07783436921** – Caring for children aged 6 months and up. Term-time-only and all-year-round care available. Current availability: no spaces available.

Keeping Cool in the Heat

What a summer we have had! We have been lucky to enjoy some wonderful days out in our local area, making the most of splash pads to stay cool and visiting favourite places such as Johnson's of Oldhurst, Denny Abbey Museum, local parks, and National Trust properties.

One highlight was our visit to Wimpole Farm, where we were lucky enough to see piglets that were only a few hours old. We also went to the Magpas Open Day, where the children saw the Air Ambulance up close.

Exploring Our Local Area

We have also enjoyed walks around the village and up to and round Dry Drayton through the Nature Reserve. Along the way, we spotted trees full of apples, pears, and plums. One house had kindly left out a box of eating apples for people to take, so each child chose one to enjoy as a snack later. The blackberries are ripening nicely too!

Caring for Wildlife and Growing Together

During the hot weather, we have been helping to look after local wildlife by keeping the bird baths in the garden topped up with water. We have also placed a bowl of water in the front garden for passing dogs, along with a shallow bowl for smaller creatures such as hedgehogs.

The children have also helped care for our tomato plants this summer, collecting ripe tomatoes and sharing them together.

We have continued to water our adopted tree, which has been especially important during the warm weather. A plaque will be made for the tree so that everyone will know it is ours.

The People's Emergency Briefing @ Bar Hill Church

On Thursday 1st October 2026 at 6.30 pm at Bar Hill Church, we are showing the new film *"The People's Emergency Briefing"*. The film had its national release in April and is about the climate and nature crisis the UK is facing right now. It covers the latest scientific evidence for extreme weather, food security, the cost of living crisis, health, national security, water, and much more, including solutions to combat this crisis.

NATIONAL PREPAREDNESS COMMISSION

Admission is FREE (but viewers must be 16 or over).

The doors will open at 6.30 pm, and the film will start promptly at 7 pm.

You can reserve tickets here;

www.tickettailor.com/events/barhillpeoplesemergencybriefing/2348900

If you'd like to see the film but aren't able to make this time, other showings (across the UK and internationally!) are available on the screening map: **www.nebriefing.org/screening-map**.

We look forward to seeing you there.

Thank you

Maggie Annat & Penny Humm

PS. Unsure? A short trailer is available on YouTube: **www.youtube.com/watch?v=5x2XhvEbz24**, and you can watch Chris Packham CBE's opening statement at the November 2025 conference: **www.youtube.com/watch?v=SAzdbi_sdwg**

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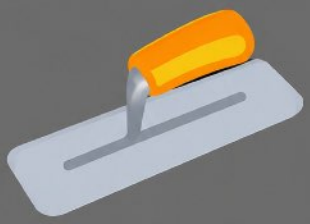
When: 4th Monday each month, 10 - 11.30 am

What: Come and enjoy coffee, cake and a chat. There are themed activities or crafts designed to promote memories & conversation, ending with a short session of seated exercise.

Find out more: 01954 206 120 (Centre Manager), ask at the surgery or pop into the Hub any Monday



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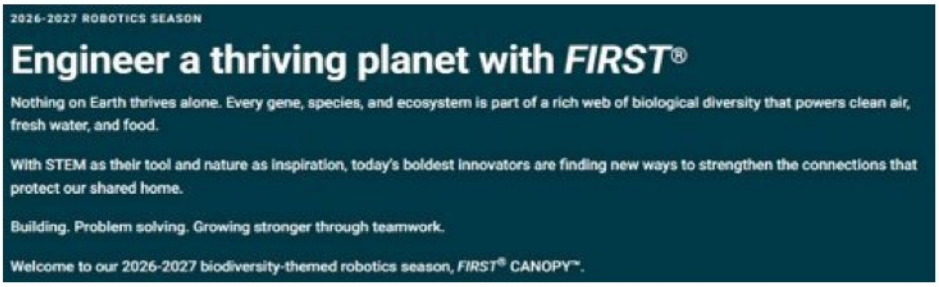
Bar Hill First Lego League

As the children are currently on their summer holidays, i cannot bring you any further news of how they are doing, however we are still urgently in need of Sponsorship to be able to purchase the models for next seasons national competitions entitled **"FIRST CANOPY"** which start in earnest in September, and focuses on the Bio Diversity of our planet and how we can improve the connections between us all.

So we are still searching for a partner who could fund the purchase of the Challenge Pack and registration which last year was under £400. And remember for such a small amount, (which pays for everything needed for entry to a national event), the team's tee-shirts, (designed by the children themselves), would include your company logo/name, along with free publicity through our news articles and social media. PLUS there is an opportunity for any of your team/staff who would be interested in acting as Mentors/Coaches to join with us and be a part of the future of our Planet.

If you think you could help support the children and be associated with this exciting STEM activity, then contact me at barryd@barhill-ca.org, and I can pop along and tell you all that it entails.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SISU HEALTH

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3rd July-end of September
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For Bar Hill Library opening times, please visit their website

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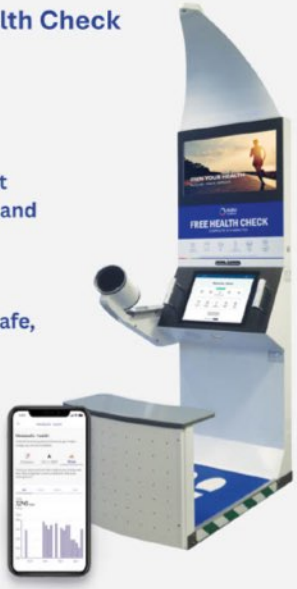


Scan to find out more about SISU Health's preventative health ecosystem of health checks, digital tools and data.
Or visit **sisuhealth.co.uk**

Bar Hill Bin Collection Dates

*Please note: Food Waste Collections will take place weekly, **starting on 27th August 2026***

DATE (*Thursday unless notified*)	BLACK BIN	BLUE BIN	GREEN BIN	FOOD WASTE
27th August	✔			✔
3rd September		✔	✔	✔
10th September	✔			✔
17th September		✔	✔	✔
24th September	✔			✔
1st October		✔	✔	✔
8th October	✔			✔
15th October		✔	✔	✔

You can add Bin Collection dates to your mobile/ tablet computer by visiting the Greater Cambridge website.

www.greatercambridgewaste.org/find-your-household-bin-collection-day

Bar Hill Parish Council

Parish Council Office, Hanover Close, Bar Hill CB23 8EH www.barhill-pc.gov.uk
01954 780456 clerk@barhill-pc.gov.uk

Bins

The two bins near the Church and tennis courts were damaged recently with one being set on fire. One has been repaired but the other will have to be replaced at a cost to residents.

Barbecues and Fires

Please do not have fires or barbecues on the village green or other open spaces around the village due to fire risk. We have notified the police about the remains of a fire that was discovered in the woods near Thruffle Way.

Vegetation

Please could residents check that vegetation from their property is not encroaching on any footpaths, particularly behind fences. Overhanging and overgrown vegetation can cause a hazard to users of the footpaths especially the less mobile.

Graffiti in play areas

Graffiti is still being found on the play equipment. Removal of the graffiti can be difficult and incurs a cost to residents.

Fly Tipping

Please can residents not Fly Tip their rubbish as this involves a considerable cost to residents. If you would like to give away free items, please put them within your property boundary and not on public/private land.

Litter Picking

A big thank you to all those that take time to pick litter around the village and those who have joined the monthly litter picks.

If anyone would like a bag & litter picker to use when they have time, please contact the Clerk on **01954 780456** or clerk@barhill-pc.gov.uk to collect from the PC office. If the amount of litter collected is too great to go in your own bins, please leave full black bins by the side gate of the Parish Council office for disposal.

Dog Fouling

Please make sure you clean up after your dogs and have poo bags with you when out walking with your dogs. Remember that **all dog waste can be put in general waste bins** not just dog bins. Please report any concerns here **https://bit.ly/4wrsoNC**

Potholes

Please report potholes or any other highways or footpath issues on Cambridgeshire County Council's website: **https://bit.ly/4zxCFuG**

COUNCIL MEETING DATES

Environment and Amenities Meeting

2 Sep 2026 - 7 pm in the Parish Council Office

Full Council Meeting

17 Sep 2026 - 7 pm in the Parish Council Office

BAR HILL COMMUNITY LITTER PICKING!

SATURDAY, 19TH SEPTEMBER

10.30AM - 11.30 AM

MEET AT THE PARISH COUNCIL OFFICES

IAN SOLLOM MP NEWSLETTER

Sign Up To Receive an Email Newsletter at **Iansollom.Org/Emails**

Bar Hill Fete & Festival

I thoroughly enjoyed the Bar Hill Fete & Festival this year. It was great to see the Sports and Social Club and the ice cream seller doing a roaring trade – both particularly welcome in the sun!

I had an interesting chat with Dave Wright who is currently campaigning and raising money for a new skatepark on the plot of land opposite the Fox on Saxon Way. It's a well-supported campaign and would be an asset to the community. Well done to Dave too for running some excellent skateboarding taster sessions for young people in the heat. You can find out more about the proposals at www.barhill-ca.org/committees/saxon-park-skatepark.

Advocating for Patient Voice in the NHS

Fighting for fair and timely access to healthcare remains one of my top priorities as an MP, and over the last two years I have dealt with countless cases of inadequate care, delayed surgeries or simply the inability to get a GP appointment in the first place.

The Government claims that its Health Bill will improve this situation, yet I have significant concerns about its approach to including the real experience of patients in the provision and design of care. At Second Reading of the bill recently, I raised my concerns with the Health Secretary about the decision to scrap Healthwatch – the independent body that has been so vital in holding the NHS to account and involving local residents in shaping services for over 50 years.

Rather than being able to go to an independent body and express how the NHS can work better for them, patients will now only be able to give feedback to the same organisations that might have failed them. I know that is concerning residents across the constituency. With Integrated Care Boards already having to make 50% cuts, we cannot expect them now to be able to mark their own homework.

I will continue to do all I can to advocate for the patient voice to be heard in our NHS – we have seen far too many tragic examples of what happens when it isn't.

Surgery Appointments

Each week I hold both in-person and online surgeries to speak directly to constituents about their issues. If you feel you have a problem I could help with, or you have a campaign matter you would like to discuss with me, please don't hesitate to contact me.

If you would like to contact me, please email **ian.sollom.mp@parliament.uk**, visit my website **www.iansollom.org**, or alternatively you can follow me on X: @IanSollom, Facebook **www.facebook.com/IanFSollom** or Instagram **www.instagram.com/iansollom**

Arthur Rank Hospice Charity

Lead on With Your Pet in September!

See how far you and your pet can walk from 1 - 30 September to support patients with Arthur Rank Hospice Charity. They suggest 3k a day but it is whatever distance your pet can manage. Registration is free and if you raise over £30 your pet will receive an Arthur Rank Hospice Charity bandana! **Register at arhc.org.uk/leadon or telephone 01223 675888.**

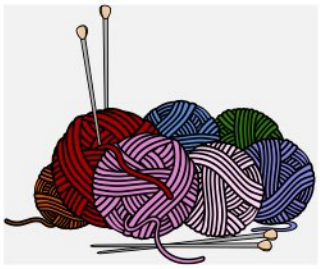
Firewalk for Maggie's Cambridge

Ignite your courage, brave the flames and firewalk with us on Monday 26 October at Shelford Rugby Club. Challenge yourself to walk barefoot over red-hot embers to support people living with cancer, and their families and friends.

Scan the QR code to find out more.

Bar Hill Church Knit & Natter Group

Thursday 1.30 until 3.00 pm in The Octagon.



We are a well established and a popular group who are keen and committed to knitting items that help others in need, and meet to knit and make new friends, produce some fantastic baby clothes, blankets and knitted toys etc., and enjoy tea and cakes together, and sometimes just chat and share stories.

As part of our programme we encourage the ladies to take part in some simple helpful and fun exercises designed to improve general welfare and to keep their fingers and joints moving well, and boost their physical and mental health.

Our present knitting programme is to produce baby clothes and blankets for local new young mums with limited resources, and also blankets for people in the village who may have health or welfare problems and need a helping hand or a kind gesture. We try to respond to any group or individual who needs this help.

New members are always very welcome and find it helps to have a regular group to attend weekly and are always happy to find new friends to chat to and share their “ups and downs” their interests and achievements.

All the wool and patterns are available for the ladies to use. So there are no financial obligations. However contributions of wool from friends and neighbours are very welcome!

During the year we have extra events like craft sessions, tea parties and some outings.

Want to know more? Drop in and see what we are doing any Thursday afternoon or for more information give me a ring. Sue Kenchington **01954 780260**. Hope to meet you soon!

FRIENDS OF THE ROSIE

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You can shop from us on our Facebook page www.facebook.com/RosieinStitches in our eBay shop Rosieinstitches2010 or from our website www.rosieinstitches.org.uk.

Have a look at the blog pages on our website to see how we are spending your donations.

Our next in person stalls are at

Bar Hill Community Market on Saturday 26th September 10am to 1pm in the Church Octagon

Waterbeach Community Market on Sunday 18th October 10am to 3pm at The Old Barracks

New members are always welcome, whether to contribute financially, to join our team of crafters, join our committee, provide transport for our volunteers or display a small selection of our wares. If you would like to donate some of your spare time check out our website's volunteering page for some ideas.

Thank you for your continued support.

Avril Williams | **07493 692010**

avril@rosieinstitches.org.uk

and Jo Hall | **01954 780304**

www.rosieinstitches.org.uk

Parent Connect is a free, friendly drop-in group run by parent carers for parents and carers of children and young people (0–25) with additional needs. Whether your child has a diagnosis, is waiting an assessment, or you're just beginning to wonder if they may need extra support, you'll find a warm welcome. Join us for a cuppa, a chat and the chance to connect with other parents. We also offer information, signposting to services and support.

pinpoint
for parents by parents

Join us at Bar Hill Village Hall on Sep 28th, Oct 19th, Nov 16th, or Dec 14th 10.30 - 12.30 am.

No referral is needed – just come along!

www.pinpoint-cambs.org.uk/pinpoint-events/

Bar Hill Preschool CIO

www.barhillpreschoolcio.co.uk

01954 782892

Bar Hill Preschool reopened after the summer break on Thursday 3rd September, welcoming back families from last year as well as those joining us for the first time this month. It has been lovely to see everyone settling in so confidently.

Over the summer, staff have been busy giving the setting a fresh new look ready for the school year. The children have already begun exploring the updated spaces with great enthusiasm.

Following the success of our early start last year, we will continue to open from 8.30 am to 3.00 pm, Monday to Friday, term time only. Children can join us from the term after they turn two and may attend for individual sessions or full days to suit family needs. We offer funded places and tax-free childcare; further information can be found at beststartinlife.gov.uk.

We continue to build on children's learning through their interests, offering individual support and thoughtful planning to help each child thrive. We are especially proud of the children's growing understanding of how we can help protect our planet. Activities such as recycling, litter picking and growing vegetables have supported their learning and encouraged positive environmental awareness.

We would also like to extend a heartfelt thank you to our community for the support shown throughout the past school year. Your kindness and involvement make a real difference.

If you would like to find out more, please contact us on **01954 782892** or email enquiries@barhillpreschool.co.uk.

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Councillor William Scantlebury

An Interview by Bridget Wilson

Today, I had the opportunity to be the first person to 'interview' our newly elected District Councillor, William Scantlebury.

Although Will is just 26 years old, he is very enthusiastic about the role he has taken on. He grew up in London, studied Politics at A-level and then went on to study geography at university. For much of his degree, he studied climate change. He moved to Northstowe in 2024 with his partner.

"I've cared about politics since studying at A level, although I've never been involved", Will told me "I spoke to my Liberal Democrat County Councillor, Luis Navarro, in Northstowe during the elections last year, and told him I would be interested in getting involved. He told me I should meet Edna Murphy, Bar Hill's County Councillor, as they needed someone to stand as a Lib Dem Councillor candidate for Bar Hill. Although I had no expectations of winning, I decided to give it a go and set out to campaign. I knocked on a great many doors in Bar Hill, chatted to residents, listened to what they cared about and saw how I could be involved. Also, Edna told me about her priorities, what needs to be focused on, and how to get things fixed.

I asked Will to elaborate on what he would be focusing on. At this point, he drew out his notebook with a long list of areas of concern he had identified.

1. Potholes. Our local council has three levels of responsibility: Parish, District, and County. At the County level, more money has already been invested in highways to improve road standards. My job is to be a champion and voice for Bar Hill, to make Edna aware that she needs to either chase up unfilled potholes or report those that have been filled but have since deteriorated, or where the work done is substandard.

2. Connecting the footpath around the ring road. I am aware that residents would like the footpath around the ring road to be fully connected. It seems obvious to me that, for walkers, joggers, buggies and wheelchairs, there needs to be an accessible all-weather footpath right round the outside of the village. There is certainly enough space to accommodate this. This is not something I can do directly, but Edna and I are supporting the Parish Council in submitting an application to the County for a Local Highways Improvement Grant.

3. Plans for a new Skate park. I am very keen to help with this. It is so important for children and teenagers to have something to do. Skateboarding is not only good for the body, but is also insanely technical. The skills involved require resilience and learning how to manage risks safely. I am working with the Skate Park task group to do what I can to get the plans passed without going through a lengthy full planning application process.

4. Improvement of the spine path. I am working with the Parish Council to improve the spine path; this is an ongoing project. The work must be done to a good enough standard. Residents can contact me if they see a part of the path that has already been improved that has since deteriorated or failed in any way.

5. Trees alongside the A14. When the A14 was improved, National Highways were obliged to plant and keep alive many trees alongside the road. The trees have been planted, but they have failed to look after them; consequently, many have died. I will be holding National Highways to account for this to make sure their obligation has been honoured.

6. Parking along "Tesla" bend. There is a serious problem of lorries parking on this bend. The Parish Council have put in for their Local Highway Improvement Grant to have double yellow lines along the stretch of road from Tesco to the Residents Area sign. It is now down to the Parish Council to push this process along. This is totally imperative to prevent an accident on this corner.

7. The Brook. There has been quite a bit of subsidence in the houses that back onto the brook. The planned remedial work on the

brook was delayed by the Environment Agency's investigation, which found that water voles were breeding there. As they are an endangered species, no work could be done during the breeding period. Now that the breeding season is over and the works have been approved, work can begin. The Parish Council is investigating to identify the works needed and what was the original obligation of the developers. I am working with the planning team at South Cambs to investigate when those houses were built and what obligations the developer made to support the banks of the brook."

I asked Will how he will manage Bar Hill residents' needs when he is not a Bar Hill resident himself.

"I get that people want their District Councillor to live in their village, because surely a resident knows best what is needed for a village. Realistically, I live up the road, just a 10-minute drive away. What matters to a District Councillor is less important than what matters to the residents. So, whether I live directly in the village is not as important. If I can be approached by residents, listen to their concerns, understand what matters and impacts them, I can then action those things"

He went on to say that his email address is freely available. "Residents can contact me about literally anything, because that's what's important. I want to be seen as a champion and voice for the residents of Bar Hill. I want residents to feel they can reach out to me, and so far, so good; this has been happening. I am here to help, and if I don't know how to do something, I will find out. Recently, I was asked by the Chair of the Tennis and Pickleball club to help secure funds to resurface the courts. I have connected him with South Cambs, who have grants for this purpose."

After working full-time in Project Management at a small charity, Will is now working as a freelance video editor, which will free up some time for his council work. He hopes to come to Bar Hill more often, including a visit to "The Hub".

Will frequently spoke about Edna Murphy, and I wondered if he found that being in the same political party as Edna helpful.

"I'd say political party is less important, but to know that Edna and I are on the same page is very important. We agree on many issues in Bar Hill, and it's great that we have such open lines of communication. Edna took me around Bar Hill and pointed out various issues. As a County Councillor, Edna is definitely 'on it'.

Will went on to praise Bunty Waters, who was our District Councillor for over 20 years and continues to serve our community as a Parish Councillor.

You can contact Will at his email address: cllr.scantlebury@scambs.gov.uk

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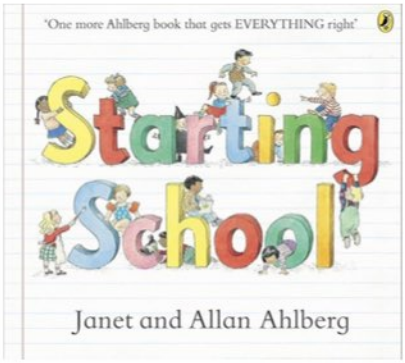
Back to school.....



I don't think it matters how old you are, the start of September is always 'Back to School' season. The supermarkets start telling you from July onwards, the morning traffic increases and uniformed young people can be seen crossing the playing field or waiting for the bus.

It can be a challenging time for many who face new teachers, new schools, new friends, a new level of learning- all changes that can enable them to flourish and grow, or cause them to struggle and need some extra support.

September also marks a change in the seasons, with leaves turning golden and conkers and blackberries ripening day by day, the hazy summer heat fading into cooler days and longed for rain. For some of us, this season might also involve change- new jobs, new homes, new relationships, new health updates...and like the children, these might bring joy and flourishing or cause us to need extra support. One of the many benefits of living in a village like Bar Hill is that there is help available from so many sources- neighbours, friends, Maple Surgery and The Hub on a Monday morning.

When I'm facing change or challenges, I try to take a moment to listen to one of my favourite hymns that reminds me of a source of help and comfort that never changes:

Great is thy faithfulness, O God my Father.

There is no shadow of turning with thee.

Thou changest not, thy compassions, they fail not.

As thou hast been thou forever wilt be.

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Bar Hill Cricket Club

By the time you read this, we will have finished our season and know if we have survived at the higher level or will be dropping back down a year after our promotion.

We picked up just the one victory in the past month in the CCA Division 3W, at home against Haslingfield, and it owed a lot to a magnificent 98 not out by Sujith Kidangoor (see photo) – his only minor "blemish" was hitting the winning runs with a six which meant he finished just short of a memorable and deserved century!

Sujith's innings, with supporting contributions from the other batters, meant Bar Hill raced to their target of 225 with more than 10 overs of the 40 to spare, though with only two wickets in hand, it was a little nervy.

Earlier, Haslingfield were dismissed for 223 – a great recovery by Bar Hill considering they were 183 for 3 with 10 overs left. Skipper Jacob Marshall Grint led the bowling with 4 for 18, and there were two wickets each for Phil Orvis and Alex Johnsen.

In our other matches, there were no wins but some useful performances. We managed a creditable 196 all out in response to hosts Hemingford Park's score of 268 for 2. Jacob's 31 was the highest individual contribution, while Vipul Bisht hit a rapid 29 near the end.

Jim Neal's 32 was the top score as we totalled 150 for 8 away to Madingley II but the hosts got to their target for the loss of five wickets, with Jeemon Vazhappilly taking two of them.

At home to Godmanchester Town II, our opponents were bowled out for 243 as Jacob took three wickets and Phil, Jeemon and Sujith two each. In reply, Bar Hill reached 159 for 8 thanks to a brilliant partnership of 94 between Alex and Jeemon. Alex scored his first half-century for the club with 61, and Jeemon made 56.

Those results left us just one point outside the relegation zone heading into the last few matches but with Madingley, just below us, having a game in hand.

We had one midweek match in the Cambs Business Houses League this month and it was a narrow defeat against Qualcomm (CSR), who scored 124 for 6 up against Bar Hill's total of 120 for 6.

Stay tuned next month for news of our annual awards and the outcome of our relegation battle!

If you are interested in playing, or getting involved in the club some other way, get in touch via info@barhillcricket.org.uk or on the number below, or follow all the latest in the Bar Hill News and on our website at barhillcricket.org.uk or on our Facebook page.

Paul Stimpson | **201212** | **info@barhillcricket.org.uk**

Bar Hill Community Market

The Community Market took a break during July and August but will return on *Saturday, 26th September.*

Please come and support the Market. The more successful we are, the more we can continue to donate to and support other Community projects!

You can find us in the Octagon. See you there!

Wendy Arrowsmith

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Over Memory Café

inviting all people living with memory loss, their families and carers, to join us for Music, Refreshments and Fun.

from 10 am to 12 noon

at The Over Day Centre, 1 Drings Close, Over CB24 5N
wheelchair accessible, free parking available

Saturday, September 26
Saturday, October 24
Saturday, November 28

please visit https://www.facebook.com/OverMemoryCafe/

Your Community Hub

September & October 2026

Every Monday, 10-12 (unless otherwise listed) in the Octagon (opposite Maple Surgery)
The Hub is for people of all ages as a place to gather & enjoy community!

7 September	Coffee Stop Foodbank Advice Sign-posting Chess, traditional & 5Aside versions	Health & Wellbeing - 10.15 - 10.45
14 September		Carers Café - anyone caring for an adult family member is very welcome - 10.00 - 11.30
21 September		Health & Wellbeing - 10.15 - 10.45 **Macmillan Coffee Morning - 10.00 - 11.45**
28 September		Evergreens - 10.00 - 11.30 Meet a Parish Councillor - 10.00 - 12.00
5 October		Health & Wellbeing - 10.15 -10.45
12 October		Carers Café - 10.15 - 10.45

WHEN: Every Monday 10am – 12pm

WHERE: The Octagon (opposite Maple Surgery), Bar Hill, CB23 8EH

WHAT: Our vision is to create a fairer and friendlier community, so everyone can thrive and knows where to turn to for warmth, welcome, friendship and support. The Hub is a busy gathering space, providing a warm, comfortable, welcoming space for our entire community. Come along and join us, we look forward to seeing you!

Coffee Stop: Pop in for a coffee, a piece of delicious home-made cake and a chat with friends, old and new!

Foodbank: No need for any vouchers. If you are struggling financially, drop by and let us help you, available between **10.00 - 11.45 am.**

HUB ADVICE DROP-IN: Available from **10.00 - 11.30 am** on Mondays with Kevin. Just call into the Community Hub during this time and we will be pleased to point you in the right direction.

Evergreens: a safe space for those with memory loss to enjoy: Conversation, Connection, Celebration. Accompanied by a carer, friend or family member. When: usually 4th Monday of each month.

Health & Wellbeing: On the 1st & 3rd Monday, take advantage of some exercise guidance from our experienced coach (starting at 10.15am).

Carers Café: On the 2nd Monday of the month, providing support for any carers in the village, even if you are not a patient of Maple Surgery.

Meet a Parish Councillor: you can meet one of our Parish Councillors to discuss any issues within our village. Just look for the sign in the Coffee Stop.

Traditional & 5Aside Chess (within the Coffee Stop): A great way to connect and start a conversation with people happy to teach you this wonderful game. Come along and join us for refreshments and a chat!

Macmillan Coffee Morning - We are hosting a Macmillan Coffee Morning on Monday 21 September from 10.00 am in the Community Hub. Everyone invited to come along and join us in helping to raise vital funds for Macmillan Cancer Support.